

Drug Policy and Plan of Action in brief



Torvallaskolan

School year 2025/2026

This information presents the school's general attitude towards drugs. We define drugs as: alcohol, tobacco, narcotics, medications and other drugs used for intoxication, preparations used for sniffing/huffing and doping. The information is addressed to those who have children in any of Östersund's schools. Read more at: www.ostersund.se/drogforebyggandeiskolan

Drug policy

Schools goal

The School should be a drug-free environment. The policy aims at promoting health and at preventing incidents, accidents, drug abuse and recruitment of new students to drug abuse.

Legislation in the subject

School's drug policy follows the law in this subject, such as the Education law, Tobacco law, narcotics law, the UN children Convention, Working Environment law and Social Services law.

This means that the school is obliged to protect children and youth from drugs and to notify to the social services if a student is using, or is suspected of using, narcotics or other drugs.



Rökning förbjuden
på skolgården

2 § tobakslagen

Smoking is prohibited in the schoolyard for everyone, regardless of age.

This applies to all school activities

Tobacco use, sale or possession of e.g. cigarettes, moist snuff (snus) or e-cigarettes are prohibited at all school premises and school yards. This rule also applies when school activities are performed in alternate localities.

Students/youth are not allowed to store, consume or appear under the influence of alcohol at school, at the after school activity centre or during any other activity in the school.

Sniffing/huffing is forbidden and is defined as drug abuse.

Any use or handling of narcotics, doping or non prescribed medical drugs is forbidden and is defined as drug abuse.

Plan of action

School Representative

All primary schools in Östersund's municipality should have a designated ANDT coordinator among the staff (ANDT stands for alcohol, narcotics, doping and tobacco). The ANDT coordinator is responsible, along with the principal, of any contacts with the city's drug coordinators, police and other organizations.

The ANDT coordinator also participates in exchanges with other schools in the city.

On suspicion/detection

The complete "Drug policy and action plan for students/youth" provides detailed steps and actions for what to do if a student/youth is using drugs. Generally, the incident will be reported to the principal and to the school's health department. Student/youth's guardian should always be contacted. If a student/youth is found under the influence of alcohol, sniffing/huffing, narcotics or other substances during school hours or other activities, the incident will be reported to the social services. On suspicion of crime the principal will report the incident to the police. A drug test may be conducted in consultation with the student/youth and his or her guardian.

Help to quit smoking or using snuff

The school may offer students/youth help to quit smoking/using snuff, the school may also refer to where such help is available.

Plan of action: the school's preventive measures

- Students, school's staff and parents should be informed of the school's drug policy and action plan at the beginning of each school year. **Responsible:** Principal.
- In addition to the mutual school document "Drug policy and action plan for students/youths", each school and after school activity centre should individually have a plan for the prevention of drugs. **Responsible:** Principal.
- Preventive measures should aim at promoting parental involvement. **Responsible:** Mentor/supervisor and principal.

Other preventive measures

- Adults must be present outdoors, among the students, during all breaks. **Responsible:** Principal.
- There is a special forum in Firstclass for ideas about how ANDT can be integrated in lessons, study material and more. The school will continually monitor and use the forum as an information channel. **Responsible:** School's ANDT coordinator

Do you need advice/assistance, please contact:

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Principal Marie Løfhaugen

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BRIS (Children's Rights in Society) has a telephone line for adults whom have concerns/questions related to children: 077 - 150 50 50

Rädda Barnens parent's line: 020-786 786 or email: foraldrar@rb.se