

Summary information about upper-secondary programme selection

Established: 03/09/2020



Things to consider when choosing an upper-secondary programme

To choose a suitable upper-secondary programme, you need to develop your **choosing competence** as a pupil. This is a matter of knowing yourself and finding out what alternatives you have, so that you can then choose a programme.

Explore your options

Find out what options you have after compulsory school. Both in terms of education programmes and what you can do with them – but also in terms of what the job market is like.

These questions will help you gain an idea of your different options:

- What upper-secondary programmes are available?
- What do you do in the different programmes/what is their content?
- What job market can you enter after the upper-secondary programme?
- What are the possibilities for further studies after the different programmes?

Know yourself

In order to choose an upper-secondary programme, you need to know yourself and be self-aware. Consider questions like:

- What makes me feel good?
- What am I good at?
- What am I interested in?
- What are my strongest traits?

After considering which programme suits you, it is up to you to make a decision, that is to select your upper-secondary programme.

As a pupil, you will receive support and guidance on how to do this during your time in compulsory school, but also together with the school guidance counsellor.

Grades and merit rating

In compulsory school, all pupils receive a grade from F–A in all their subjects. F means fail whereas E, D, C, B, A are all passing grades. In preparation of your upper-secondary programme selection, all your grades are compiled into a merit rating, which helps you get in to the programme you want.

How your merit rating is calculated

Your merit rating is the sum of all your grades, meaning all grades in all subjects. You will have a total of 16 subjects, or 17 if you have taken an elective language course. Each letter grade represents a certain score.

The value of each grade is as follows:

- F – fail: 0 credits
- E – pass: 10 credits
- D – pass: 12.5 credits
- C – pass: 15 credits
- B – pass: 17.5 credits
- A – pass: 20 credits

When you apply to the upper-secondary school, the merit rating is based on the final grade you received in year 9 (spring term)

Entry requirements and selection

In order to be admitted to an **upper-secondary programme**, you need to be eligible. You become eligible by having at least an E in all core subjects, i.e.:

- Swedish/Swedish as a second language
- Mathematics
- English

In order to be eligible for a **vocational programme**, you need to have a minimum grade of E in all the core subjects and at least an E in five other subjects. That means a passing grade in at least eight subjects.

In order to be eligible for a **university entrance programme**, you need to pass the core subjects and get at least an E in another nine subjects. This means a passing grade in at least twelve subjects.

Some programmes also require you to pass certain specific subjects.

- For NA (Science) and TE (Technology) you also need a passing grade in the subjects of Biology, Physics and Chemistry.
- For EK (Economics), SA (Social Sciences) and HU (Humanities) you also need a passing grade in the subjects of history, religion, social sciences and geography.

When you apply to an upper-secondary programme, there are a number of places available in each. For this reason, there is a selection process for all pupils who are eligible and have applied to a certain programme. Your merit rating earns you a place in the “queue” for the programme you applied for.

It is important to be aware that just because you are eligible, it does not mean that you will automatically have a place at the programme you applied for.

Alternative forms of education

The Swedish upper-secondary school consists of 18 national programmes, 12 vocational programmes and 6 university entrance programmes. For pupils who do not meet the entry requirements, there is an introductory programme (IM) In addition to the national programmes, there are nationally recruited programmes with separate qualitative targets and IB (International Baccalaureate). Read more about the different programmes at the Swedish National Agency for Education's website www.utbildningsguiden.skolverket.se.

Upper-secondary schools in the county

There are several upper-secondary schools to choose from in our county. Many of the upper-secondary programmes are available in multiple schools.

Upper-secondary schools in the county:

- Jämtlands gymnasieförbund (JGY). This association comprises all the municipal upper-secondary schools, the special needs upper-secondary school and certain adult education programmes in Jämtland County. The following schools are part of JGY:
 - Bispgården
 - Bräcke
 - Fyrvalla (Östersund)
 - Torsta (Ås)
 - Wargentin (Östersund)
 - Wången (Nällden)
 - Åre
- Storsjögymnasiet
- Östersunds gymnasium
- Dille gård
- Hjalmar Strömerskolan (in Strömsund Municipality)
- Fjällgymnasiet (Berg Municipality)
- Härjedalens gymnasium

If you are living in Jämtland/Härjedalen, you can apply to a programme at any of these schools. More information about the schools and the programmes they offer can be found at the website of each school.

We have collaboration agreements in place so that you can apply for certain programmes out of county

In addition to the schools above, you also have the option of applying to other programmes outside of the county. Jämtlands gymnasieförbund has concluded agreements with a number of other municipalities to enable pupils to choose freely between the various educational options. The agreements relate for example to certain sports programmes. Read more about the available programmes in Jämtland County and the programmes included in the collaboration agreement under www.gyantagningjamtland.se.

Apply to an upper-secondary programme anywhere in Sweden

As a pupil, you can apply to schools and programmes anywhere in the country. In some cases, you will be put on a waiting list, which means that you will only be admitted if there is room. If you want to know more, contact your guidance counsellor.

How the application process works

Submit your application in the spring semester

Pupils apply for upper-secondary school at the start of the spring semester in year nine. All pupils receive a login and password to Dexter, the system where you submit your application. It is then time to choose and prioritise the programmes and schools you want to attend. When the application is complete, it is sent to the upper-secondary admissions office.

Preliminary reply in April

At the start of April, we will compile the preliminary responses to all pupils who have submitted an application so that they can see how their merit rating compares. You also have the option of changing your preferences. This period is referred to as the second election period and usually ends at the start of May.

Admission letter at the start of July

After the second election period, we process your list of preferences. When the schools have reported the final grades of all pupils, you will receive your admissions letter via Dexter. This usually happens at the start of July.

Accept or decline your place

When you receive your admissions letter, you can log in to Dexter to accept or decline the place offered.

Finances

There are several different grants available for upper-secondary studies. Read more about these grants on the website of CSN www.csn.se

Anyone who has turned 16 years old who study full-time at an upper-secondary programme is entitled to study grants. The grant is an extension of the child allowance but is only disbursed 10 months per year. You do not need to apply for the study grant as long as you are intending to study in Sweden and you are a Swedish citizen.

Other grants that can be applied for include additional allowance, housing benefit and apprentice allowance.

Your guidance counsellor can help you with any questions or thoughts

All municipal schools in Östersund have guidance counsellors who can help you answer any questions relating to further studies. Contact details for your guidance counsellor can be found on the website of each school www.ostersund.se.